

Rundown
Strong Families Around the World - Surviving the Pandemic - an International Discussion

Day	Activities	City and Country	Time (minutes)	Timezone																	
				GMT-6 ¹		GMT-5 ²		GMT		GMT+1 ³		GMT+3 ⁴		GMT+5:30 ⁵		GMT+7 ⁶		GMT+9 ⁷		GMT+10 ⁸	
				From	To	From	To	From	To	From	To	From	To	From	To	From	To	From	To	From	To
Day 1 15 July 2021	Opening	-	10	6:00	6:10	7:00	7:10	12:00	12:10	13:00	13:10	15:00	15:10	17:30	17:40	19:00	19:10	21:00	21:10	22:00	22:10
	Judi Geggie, M.S	Newcastle, Australia	20	6:10	6:30	7:10	7:30	12:10	12:30	13:10	13:30	15:10	15:30	17:40	18:00	19:10	19:30	21:10	21:30	22:10	22:30
	Dr. Hannah Nash	Leeds, United Kingdom	20	6:30	6:50	7:30	7:50	12:30	12:50	13:30	13:50	15:30	15:50	18:00	18:20	19:30	19:50	21:30	21:50	22:30	22:50
	Dr. Margaret McMillan	Newcastle, Australia	20	6:50	7:10	7:50	8:10	12:50	13:10	13:50	14:10	15:50	16:10	18:20	18:40	19:50	20:10	21:50	22:10	22:50	23:10
	Discussion 1	-	10	7:10	7:20	8:10	8:20	13:10	13:20	14:10	14:20	16:10	16:20	18:40	18:50	20:10	20:20	22:10	22:20	23:10	23:20
	Dr. Azza Abdelmoneium	Doha, Qatar	20	7:20	7:40	8:20	8:40	13:20	13:40	14:20	14:40	16:20	16:40	18:50	19:10	20:20	20:40	22:20	22:40	23:20	23:40
	Aisha Sultan	Doha, Qatar	20	7:40	8:00	8:40	9:00	13:40	14:00	14:40	15:00	16:40	17:00	19:10	19:30	20:40	21:00	22:40	23:00	23:40	0:00
	Heba Al Farra	Doha, Qatar	20	8:00	8:20	9:00	9:20	14:00	14:20	15:00	15:20	17:00	17:20	19:30	19:50	21:00	21:20	23:00	23:20	0:00	0:20
	Dr Diana Setiyawati	Yogyakarta, Indonesia	20	8:20	8:40	9:20	9:40	14:20	14:40	15:20	15:40	17:20	17:40	19:50	20:10	21:20	21:40	23:20	23:40	0:20	0:40
Discussion 2	-	15	8:40	8:55	9:40	9:55	14:40	14:55	15:40	15:55	17:40	17:55	20:10	20:25	21:40	21:55	23:40	23:55	0:40	0:55	
Wrap Up	-	5	8:55	9:00	9:55	10:00	14:55	15:00	15:55	16:00	17:55	18:00	20:25	20:30	21:55	22:00	23:55	0:00	0:55	1:00	
Day 2 16 July	Dr. Lee Jaerim	Seoul, South Korea	20	6:00	6:20	7:00	7:20	12:00	12:20	13:00	13:20	15:00	15:20	17:30	17:50	19:00	19:20	21:00	21:20	22:00	22:20
	Dr. Ok Sun Hwa	Seoul, South Korea	20	6:20	6:40	7:20	7:40	12:20	12:40	13:20	13:40	15:20	15:40	17:50	18:10	19:20	19:40	21:20	21:40	22:20	22:40
	A Team from Kenyan University	Nairobi, Kenya	20	6:40	7:00	7:40	8:00	12:40	13:00	13:40	14:00	15:40	16:00	18:10	18:30	19:40	20:00	21:40	22:00	22:40	23:00
	Evangelia Tigka	Thessaloniki, Greece	20	7:00	7:20	8:00	8:20	13:00	13:20	14:00	14:20	16:00	16:20	18:30	18:50	20:00	20:20	22:00	22:20	23:00	23:20
	Discussion 1	-	20	7:20	7:40	8:20	8:40	13:20	13:40	14:20	14:40	16:20	16:40	18:50	19:10	20:20	20:40	22:20	22:40	23:20	23:40
	Dr. Rosario Esteinou	Mexico City, Mexico	20	7:40	8:00	8:40	9:00	13:40	14:00	14:40	15:00	16:40	17:00	19:10	19:30	20:40	21:00	22:40	23:00	23:40	0:00
	Dr Lina Kashyap	Mumbai, India	20	8:00	8:20	9:00	9:20	14:00	14:20	15:00	15:20	17:00	17:20	19:30	19:50	21:00	21:20	23:00	23:20	0:00	0:20
	Dr. Jane Rose Njue	DeKalb, Illinois (US)	20	8:20	8:40	9:20	9:40	14:20	14:40	15:20	15:40	17:20	17:40	19:50	20:10	21:20	21:40	23:20	23:40	0:20	0:40
	Discussion 2	-	15	8:40	8:55	9:40	9:55	14:40	14:55	15:40	15:55	17:40	17:55	20:10	20:25	21:40	21:55	23:40	23:55	0:40	0:55
Wrap Up	-	5	8:55	9:00	9:55	10:00	14:55	15:00	15:55	16:00	17:55	18:00	20:25	20:30	21:55	22:00	23:55	0:00	0:55	1:00	
Day 3 17 July	Dr. Eleni Kassapi	Thessaloniki, Greece	20	6:00	6:20	7:00	7:20	12:00	12:20	13:00	13:20	15:00	15:20	17:30	17:50	19:00	19:20	21:00	21:20	22:00	22:20
	Dr Theodore Chadjipadelis	Thessaloniki, Greece	20	6:20	6:40	7:20	7:40	12:20	12:40	13:20	13:40	15:20	15:40	17:50	18:10	19:20	19:40	21:20	21:40	22:20	22:40
	Dr. Eleni Leontaridi	Thessaloniki, Greece	20	6:40	7:00	7:40	8:00	12:40	13:00	13:40	14:00	15:40	16:00	18:10	18:30	19:40	20:00	21:40	22:00	22:40	23:00
	Dr. Maria Mironidou	Thessaloniki, Greece	20	7:00	7:20	8:00	8:20	13:00	13:20	14:00	14:20	16:00	16:20	18:30	18:50	20:00	20:20	22:00	22:20	23:00	23:20
	Discussion 1	-	10	7:20	7:30	8:20	8:30	13:20	13:30	14:20	14:30	16:20	16:30	18:50	19:00	20:20	20:30	22:20	22:30	23:20	23:30
	Dr. Neoftydou Elisavet	Thessaloniki, Greece	20	7:30	7:50	8:30	8:50	13:30	13:50	14:30	14:50	16:30	16:50	19:00	19:20	20:30	20:50	22:30	22:50	23:30	23:50
	Dr. John DeFrain	Lincoln, Nebraska (US)	20	7:50	8:10	8:50	9:10	13:50	14:10	14:50	15:10	16:50	17:10	19:20	19:40	20:50	21:10	22:50	23:10	23:50	0:10
	Dr. Linda Skogrand	Logan, Utah (US)	20	8:10	8:30	9:10	9:30	14:10	14:30	15:10	15:30	17:10	17:30	19:40	20:00	21:10	21:30	23:10	23:30	0:10	0:30
	Dr. Sylvia Asay	Kearney, Nebraska (US)	20	8:30	8:50	9:30	9:50	14:30	14:50	15:30	15:50	17:30	17:50	20:00	20:20	21:30	21:50	23:30	23:50	0:30	0:50
	Discussion 2	-	10	8:50	9:00	9:50	10:00	14:50	15:00	15:50	16:00	17:50	18:00	20:20	20:30	21:50	22:00	23:50	0:00	0:50	1:00
Wrap Up	-	5	9:00	9:05	10:00	10:05	15:00	15:05	16:00	16:05	18:00	18:05	20:30	20:35	22:00	22:05	0:00	0:05	1:00	1:05	

1. Logan (GMT-6)
2. Mexico City, Kearney, Lincoln, DeKalb (GMT-5)
3. Leeds (GMT+1)
4. Thessaloniki, Nairobi, Doha (GMT+3)
5. Mumbai (GMT+5:30)
6. Yogyakarta (GMT+7)
7. Seoul (GMT+9)
8. Newcastle (GMT+10)